<u>ASDA Bakery Chocolate Chip Brioche</u> <u>Rolls</u>	Ingredients Wheat Flour, Milk Chocolate Chips (17%) [Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Lactose (Milk), Emulsifier (Lecithins), Flavouring], Pasteurised Whole Egg, Sugar, Rapeseed Oil, Egg White, Skimmed Milk Powder, Yeast, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Salt, Flavourings, Wheat Gluten, Antioxidant (Ascorbic Acid), Colour (Carotenes), Rye Flour Allergy Information: Contains: Eggs, Milk, Rye, Wheat. May Contain: Barley, Oats, Soya, Spelt, Camut and Oat
<u>ASDA Bakery Chocolate Chip Swirls</u>	Ingredients Crème Pätissière (44%) [Water, Sugar, Whole Milk Powder, Modified Potato Starch, Pasteurised Whole Egg, Dried Egg White, Wheat Starch, Preservative (Potassium Sorbate), Thickener (Methyl Cellulose), Flavouring, Colour (Carotenes)], Wheat Flour, Chocolate Chips (9%) [Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Lecithins), Flavouring], Pasteurised Whole Egg, Sugar, Rapeseed Oil, Yeast, Salt, Flavourings, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Sorbic Acid), Deactivated Yeast, Colour (Carotenes). Allergy Information Contains: Eggs, Milk, Wheat. May contain: Barley, Nuts, Oats, Rye, Soya Spelt, Kamut and Oat
<u>ASDA Bakery Croissants</u>	Ingredients Wheat Flour, Palm Oil, Water, Sugar, Concentrated Butter (Milk) (3%), Pasteurised Whole Egg, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Yeast, Salt, Skimmed Milk Powder, Wheat Gluten, Flavouring, Carob Bean Flour, Antioxidant (Ascorbic Acid), Thickener (Carob Bean Gum), Rye Flour, Colour (Carotenes) Allergy Information: Contains: Eggs, Milk, Rye, Wheat. May contain: Barley, Oats, Sesame, Soya, Spelt and Kamut
<u>ASDA Bakery White Bread</u>	<ul> <li>Ingredients</li> <li>Fortified Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Water, Yeast, Salt, Vegetable Oils and Fat [Rapeseed Oil, Palm Fat, Palm Oil], Spirit Vinegar, Preservative (Calcium Propionate), Soya Flour, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid)</li> <li>Allergy Information:</li> <li>Contains: Soya, Wheat. May contain: Barley, Oats, Rye</li> </ul>

<u>Asda Bakery Wholemeal Bread</u>	Ingredients Wholemeal Wheat Flour, Water, Wheat Protein, Yeast, Wheat Bran, Salt, Vegetable Oils and Fat [Rapeseed Oil, Palm Fat, Palm Oil], Malted <b>Barley</b> Flour, Sugar, Spirit Vinegar, <b>Soya</b> Flour, Preservative (Calcium Propionate), Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid) Allergy Information: Contains: Barley, Soya, Wheat. May contain: Oats, Rye.
<u>ASDA Cornflakes</u>	<b>Ingredients</b> Maize, Sugar, Salt, <b>Malted Barley</b> Extract, Vitamin and Mineral Mix [Iron, Niacin (B3), Pantothenic Acid (B5), Vitamin B6, Riboflavin (B2), Thiamin (B1), Folic Acid (B9), Vitamin D, Vitamin B12] <b>Allergy Information:</b> Contains Barley
ASDA Creamy Greek Yogurt	<b>Ingredients</b> Greek Style Natural Yogurt <b>(Milk)</b> , Live Bacterial Cultures [Bifidobacterium, Lactobacillus Bulgaricus, Streptococcus Thermophilus] <b>Allergy Information:</b> Contains: Milk
<u>ASDA Crumpets</u>	Ingredients Fortified Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Water, Sugar, Yeast, Raising Agents (Diphosphates, Sodium Carbonates), Spirit Vinegar, Salt, Preservative (Potassium Sorbate) Allergy Information: Contains: Milk, Wheat
<u>ASDA Frozen for Freshness Black Forest</u> <u>Fruits</u>	<b>Ingredients</b> Blackberries (25%), Blackcurrants (25%), Cherries (25%), Morello Cherries (25%)
ASDA Frozen for Freshness Summer Fruits	<b>Ingredients</b> Strawberries (30%), Blackberries (20%), Redcurrants (20%), Blackcurrants (10%), Blueberries (10%), Raspberries (10%)

ASDA Rice Snaps	<b>Ingredients</b> Rice, Sugar, Salt, Malted <b>Barley</b> Extract, Vitamin and Mineral Mix [Iron, Niacin (B3), Pantothenic Acid (B5), Riboflavin (B2), Vitamin B6, Thiamin (B1), Folic Acid (B9), Vitamin D, Vitamin B12] <b>Allergy Information</b> Contains: Barley.
ASDA Tropical Smoothie Mix	<b>Ingredients</b> Mango (48%), Papaya (27%), Pineapple (25%)
ASDA Wafer Thin Cooked Ham	<b>Ingredients</b> Pork (79%), Water, Salt, Dextrose, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)
<u>ASDA Wafer Thin Honey Roast Ham</u>	<b>Ingredients</b> Pork (76%), Water, Honey (4%), Salt, Dextrose, Stabiliser (Triphosphates), Brown Sugar, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)
ASDA Wafer Thin Smoked Ham	<b>Ingredients</b> Pork (79%), Water, Salt, Dextrose, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)
<u>Clover Light Spread</u>	<b>Ingredients</b> <b>Buttermilk</b> (40%), Sustainable Palm Oil, Rapeseed Oil, Water, Acid (Lactic Acid), Natural Flavouring, Natural Colour (Carotenes) <b>Allergy Information:</b> Contains: Milk

<u>Clover Original Spread</u>	<b>Ingredients</b> Vegetable Oils in varying proportions (Sustainable Palm, Rapeseed), <b>Buttermilk</b> (20%), Water, Salt, Natural Flavouring, Colour (Carotenes) <b>Allergy Information</b> Contains: Milk
<u>Creamfields Low Fat Natural Yogurt</u>	Ingredients Milk
<u>Grower's Harvest Porridge Oats</u>	<b>Ingredients</b> <b>Oat</b> Flakes. <b>Allergy Information</b> Contains: Oats. May contain: Wheat.
<u>Grower's Harvest Sultanas</u>	<b>Ingredients</b> Sultana, Sunflower Oil
<u>Hartleys Best Strawberry Jam</u>	<b>Ingredients</b> Sugar, Strawberries, Water, Gelling Agent: Pectins, Acid: Citric Acid, Acidity Regulator: Sodium Citrates, Prepared with 37g of Fruit per 100g, Total Sugar content 61g per 100g
<u>H.W. Nevills Plain Croissants</u>	Ingredients Wheat Flour, Water, Palm Fat, Sugar, Concentrated Butter (Milk) (3%), Yeast, Sunflower Oil, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Wheat Gluten, Dried Skimmed Milk, Thickener (Carboxymethylcellulose), Coconut Oil, Salt, Flavouring (Contains Milk), Acidity Regulator (Citric Acid), Milk Proteins, Colour (Carotenes), Antioxidant (Ascorbic Acid). Allergy Information May contain peanuts and nuts.

JUST ESSENTIALS by ASDA Muesli	Ingredients Rolled Oats (56%), Wheat Flakes (22%), Toasted Malted Wheat Flakes (12%) [Wheat, Barley Malt], Sultanas (6%) [Sultanas, Cotton Seed Oil], Raisins (3%) [Raisins, Sunflower Oil], Chopped Almonds (Nut) (1%) Allergy Information Contains: Almonds, Barley, Nuts, Oats, Wheat. May contain: Peanuts, Sulphur Dioxide/Sulphites, Nuts, Peanuts and Sulphites
<u>Marmite Yeast Extract Spread</u>	<b>Ingredients</b> Yeast extract (contains <b>Barley, Wheat, Oat, Rye</b> ), salt, vegetable juice concentrate, vitamins (thiamin, riboflavin, niacin, vitamin B12 and folic acid), natural flavouring (contains <b>Celery)</b> <b>Allergy Information</b> Contains: Barley, Celery, Cereals Containing Gluten, Oats, Rye, Wheat
<u>New York Bakery Plain Bagels</u>	Ingredients Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Yeast, Maize, Salt, Rapeseed Oil, Spirit Vinegar, Preservative (Calcium Propionate), Sweet Potato Puree, Malted Barley Flour, Flour Treatment Agent (Ascorbic Acid) Allergy Information Contains: Wheat, Barley. May contain traces of Sesame.
<u>Nutella Hazelnut Chocolate Spread</u>	<b>Ingredients</b> Sugar, Palm Oil, <b>Hazelnuts</b> (13%), Skimmed <b>Milk</b> Powder (8.7%), Fat-Reduced Cocoa (7.4%), Emulsifier: Lecithins ( <b>Soya</b> ), Vanillin <b>Allergy Information</b> Contains: Hazelnuts, Milk, Soya

<u>Rowse Squeezy Organic Honey</u>	<b>Ingredients</b> Honey
<u>Sainsbury Cornflake Cereal</u>	<b>Ingredients</b> Maize (93%), Sugar, Salt, <b>Barley</b> Malt Extract, Niacin, Vitamin E, Ferric Diphosphate (Iron), Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin B12. <b>Allergy Information:</b> Not suitable for customers with an allergy to nuts, milk, soya, wheat, rye, barley, oat or spelt due to manufacturing methods.
<u>Sainsbury Fruit, Nut &amp; Seed Muesli</u>	Ingredients Oat Flakes, Sultanas (15%), Wheat Flakes, Barley Flakes, Toasted Wheat Flakes, Raisins (4.5%), Hazelnuts (3.5%), Dried Apricot (3.5%) (Apricots, Rice Flour, Preservative: Sulphur Dioxide), Dates (3.5%) (Dates, Rice Flour), Almonds (3.5%), Sunflower Seeds (2.5%), Pumpkin Seeds (2%), Dried Apple (2%), Coconut (2%).
<u>Sainsbury Greek Style Natural Yogurt</u>	<b>Ingredients</b> Greek Style Natural Yogurt (Cows' <b>Milk</b> ) <b>Allergy Information</b> Contains: Milk
<u>Scott's Porage Original Porridge Oats</u>	<b>Ingredients</b> 100% Rolled <b>Oats</b> <b>Allergy Information</b> Contains: Oats. May contain: Wheat, Barley

<u>Stockwell &amp; Co Hone</u> y	<b>Ingredients</b> Honey
<u>St Pierre Pains Au Chocolat</u>	<b>Ingredients</b> Wheat Flour, Palm Fat, Chocolate 12% (Sugar, Cocoa Paste, Cocoa Butter, Emulsifier: Lecithins), Water, Sugar, Rapeseed Oil, Yeast, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Salt, <b>Wheat</b> Gluten, Flavourings, Heat Treated <b>Wheat</b> Flour, Pea Protein, Deactivated Yeast, Thickener (Cellulose Gum), Rice Flour, Glucose Syrup <b>Allergy Information</b> Contains: Wheat May contain: Eggs, Milk. Prepared in an environment that handles ingredients which contain Milk and Egg. Not suitable for Milk or Egg allergy sufferers.
<u>Tesco Apricot Jam</u>	<b>Ingredients</b> Sugar, Apricot, Water, Gelling Agents (Pectin, Tricalcium Citrate), Acidity Regulators (Citric Acid, Trisodium Citrate)
<u>Tesco All Butter Almond Croissant</u>	Ingredients Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Butter (Milk) (22%), Sugar, Almonds (9%), Water, Yeast, Pasteurised Egg, Invert Sugar Syrup, Wheat Gluten, Salt, Whey Powder (Milk), Modified Potato Starch, Flavourings, Dried Skimmed Milk, Flour Treatment Agent (Ascorbic Acid), Thickener (Sodium Alginate), Stabilisers (Tetrasodium Diphosphate, Calcium Sulphate), Dried Cream (Milk), Carrot Extract. Allergy Information Contains: Wheat, Almond, Milk, Egg. May contain: peanuts, nuts, milk, sesame, egg, soya and other allergens
<u>Tesco All Butter Croissant</u>	<b>Ingredients</b> <b>Wheat</b> Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Butter <b>(Milk)</b> (18%), Water, Sugar, Yeast, Salt, Pasteurised <b>Egg,</b> Flour Treatment Agent (Ascorbic Acid). <b>Allergy Information</b> Contains: Wheat, Eggs, Milk

<u>Tesco All Butter Pain Au Raisin</u>	Ingredients Wheat Flour, Butter (Milk), Water, Raisins, Sugar, Pasteurised Egg White, Whey Powder (Milk), Glucose-Fructose Syrup, Modified Potato Starch, Yeast, Pasteurised Egg, Salt, Dried Skimmed Milk, Wheat Gluten, Thickeners (Sodium Alginate, Guar Gum), Dried Cream (Milk), Stabilisers (Calcium Sulphate, Tetrasodium Diphosphate), Cottonseed Oil, Flavouring, Flour Treatment Agent (Ascorbic Acid), Carrot Extract. Allergy Information Contains gluten, wheat, milk and egg. This bakery product may also contain peanuts, nuts, milk, sesame, egg, soya and other allergens.
<u>Tesco Choco Hoops Cereal</u>	<b>Ingredients</b> Wholemeal <b>Wheat</b> Flour, Wheat Flour <b>[Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Maltodextrin, Fat Reduced Cocoa Powder (4.5%), Salt, Flavouring, Niacin, Iron, Riboflavin, Thiamin, Vitamin D. <b>Allergy Information</b> Contains: Wheat. May contain: Milk
<u>Tesco Cinnamon Swirl</u>	<b>Ingredients</b> Wheat Flour [ <b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Palm Oil, Water, Rapeseed Oil, Yeast, Pasteurised <b>Egg</b> , Coconut Oil, Dried Glucose Syrup, Cinnamon, Sugar Syrup, Glazing Agent (Isomalt), Salt, Modified Potato Starch, Cane Sugar Syrup, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Whey Powder ( <b>Milk</b> ), Dried Skimmed <b>Milk</b> , Stabilisers (Calcium Alginate, Tetrasodium Diphosphate, Disodium Phosphate), Gelling Agent (Agar), Glucose Syrup, Acidity Regulator (Citric Acid), Flavourings, Preservative (Potassium Sorbate), Colour (Beta- Carotene), <b>Milk</b> Proteins. <b>Allergy Information</b> Contains wheat, milk and egg. This bakery product may also contain peanuts, nuts, milk, sesame, egg, soya and other allergens.
<u>Tesco Cornflakes Cereal</u>	<b>Ingredients</b> Maize, Sugar, Salt, Barley Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12. <b>Allergy Information</b> Contains: Barley

<u>Tesco Exotic Fruit Mix</u>	<b>Ingredients</b> Mango, Pineapple, Papaya.
<u>Tesco Fruit and Fibre Cereal</u>	<b>Ingredients</b> Toasted <b>Wheat</b> Flakes (75%) [Wheat, Sugar, <b>Barley Malt</b> Extract, Salt, Iron, Vitamin E, Niacin, Pantothenic Acid, Vitamin B12, Vitamin D, Thiamin, Folic Acid, Riboflavin, Vitamin B6], Mixed Fruits (24%) [Raisins, Toasted Coconut, Sweetened Dried Banana (Banana, Coconut Oil, Sugar, Flavouring), Dried Apple], <b>Hazelnut</b> (1%). <b>Allergy Information</b> Contains: Nuts. May contain: peanuts and milk.
<u>Tesco Finest Blackcurrant Conserve</u>	<b>Ingredients</b> Sugar, Blackcurrant, Gelling Agent (Pectin), Acidity Regulator (Sodium Citrate), Citric Acid.
<u>Tesco Golden Syrup</u>	<b>Ingredients</b> Partially inverted sugar syrup
<u>Tesco Greek Style Natural Yogurt</u>	Ingredients Milk Allergy Information Contains milk.
<u>Tesco Honey &amp; Almond Granola</u>	<b>Ingredients</b> <b>Oat</b> Flakes (72%), Sugar, Rapeseed Oil, Flaked and Chopped <b>Almonds</b> (2%), Honey (1.5%), Sunflower Seed, Flavouring. <b>Allergy Information</b> Contains: Nuts, Oats. May contain: Peanuts, Wheat, Milk

<u>Tesco Honey Hoops</u>	<b>Ingredients</b> Wholemeal <b>Wheat</b> Flour (36%), <b>Oat</b> Flour (19%), Sugar <b>, Barley</b> Flour, <b>Wheat</b> Starch, Maize Semolina, Rice Flour, Honey (3%), Flavouring, Caramelised Sugar, Salt, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12. <b>Allergy Information</b> May contain soya, peanuts, nuts and milk.
<u>Tesco Honey Nut Cornflakes</u>	<b>Ingredients</b> Maize, Sugar, <b>Peanuts</b> (8%), Honey (0.6%), Salt, Caramelised Sugar Syrup, <b>Barley</b> Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12. <b>Allergy Information</b> For allergens, including cereals containing gluten, see ingredients in bold.
<u>Tesco Lightly Seeded Loaf</u>	Ingredients Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Seed Blend (6%) [Brown Linseed, Sunflower Seed, Millet, Poppy Seeds, Pumpkin Seed, Golden Linseed], Yeast, Salt, <b>Barley</b> Malt Flour, Spirit Vinegar, Preservative (Calcium Propionate), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Rapeseed Oil, Flour Treatment Agent (Ascorbic Acid). Allergy Information Contains wheat and barley.
<u>Tesco Malt Wheats Cereal</u>	<b>Ingredients</b> <b>Wholewheat</b> Flour, Sugar, Malted <b>Barley</b> Extract, Partially Inverted Sugar Syrup, Salt, Niacin, Iron, Pantothenic Acid, Thiamin, Riboflavin, Vitamin B6, Folic Acid, Vitamin B12. <b>Allergy Information</b> Contains barley and wheat.
<u>Tesco Perfectly Imperfect Frozen Mixed</u> <u>Berry</u>	<b>Ingredients</b> Strawberry, Redcurrant, Blackberry, Blackcurrant.

<u>Tesco Squeezy Clear Honey</u>	<b>Ingredients</b> Honey
<u>Tesco Swiss Style Muesli</u>	<b>Ingredients</b> Oat Flakes, Malted Toasted <b>Wheat</b> Flakes [Wheat, Barley Malt Extract], Raisins (15%), Whey Powder <b>(Milk), Hazelnut</b> (1%), <b>Almond.</b> Allergy Information Contains: Nuts, Milk, Wheat. May contain: peanuts and other nuts
<u>Tesco Raspberry Jam</u>	<b>Ingredients</b> Sugar, Raspberry, Gelling Agent (Pectin), Acidity Regulators (Citric Acid, Trisodium Citrate).
<u>Tesco Rice Snaps Cereal</u>	<b>Ingredients</b> Rice, Sugar, <b>Barley Malt</b> Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12. <b>Allergy Information</b> Contains: Barley
<u>Tesco Scotch Pancakes</u>	Ingredients Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Palm Oil, Water, Rapeseed Oil, Yeast, Pasteurised Egg, Coconut Oil, Dried Glucose Syrup, Cinnamon, Sugar Syrup, Glazing Agent (Isomalt), Salt, Modified Potato Starch, Cane Sugar Syrup, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Whey Powder (Milk), Dried Skimmed Milk, Stabilisers (Calcium Alginate, Tetrasodium Diphosphate, Disodium Phosphate), Gelling Agent (Agar), Glucose Syrup, Acidity Regulator (Citric Acid), Flavourings, Preservative (Potassium Sorbate), Colour (Beta- Carotene), Milk Proteins. Allergy Information Contains wheat, milk and egg. This bakery product may also contain peanuts, nuts, milk, sesame, egg, soya and other allergens.

<u>Tesco Smooth Peanut Butter</u>	<b>Ingredients</b> <b>Peanut</b> (94%), Palm Oil, <b>Peanut</b> Oil, Sugar, Salt. <b>Allergy Information</b> Contains: Peanuts. May contain: Nuts
<u>Tesco Strawberry Granola</u>	<b>Ingredients</b> <b>Oat Flakes,</b> Sugar, Rapeseed Oil, Freeze-Dried Strawberry Pieces (1%), Honey, Sunflower Seed, Desiccated Coconut. <b>Allergy Information</b> Contains: Oats. May contain: Peanuts, Nuts, Milk, Wheat
<u>Tesco Strawberry Jam</u>	<b>Ingredients</b> Sugar, Strawberry, Acidity Regulator (Citric Acid), Gelling Agent (Pectin).
<u>Tesco Superberry Granola</u>	Ingredients Oat Flakes, Sugar, Rapeseed Oil, Honey (3.5%), Mixed Seed (2.5%) [Sunflower Seed, Pumpkin Seed], Concentrated Cranberry Juice, Desiccated Coconut, Freeze-Dried Fruit (1.5%) [Blackcurrant, Cranberry Pieces, Blueberry]. Allergy Information Contains: Oats. May contain: Peanuts, Nuts, Milk.
<u>Tesco Tropical Fruits Granola</u>	<b>Ingredients</b> Oat Flakes, Sugar, Sultanas, Rapeseed Oil, Sweetened Dried Pineapple (3%) [Pineapple, Sugar, Acidity Regulator (Citric Acid), Preservative (Sulphur Dioxide)], Sweetened Dried Banana (3%) [Banana, Coconut Oil, Sugar, Flavouring], Sweetened Dried Papaya [Papaya, Sugar, Preservative (Sulphur Dioxide)], Coconut, Sunflower Seed, Desiccated Coconut, Honey, Sugar Syrup Powder, Flavouring. <b>Allergy Information</b> Contains: Oats. May contain: Peanuts, Nuts, Milk, Wheat

<u>Tesco White Bread</u>	<b>Ingredients: Wheat</b> Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Yeast, Salt, Preservative (Calcium Propionate), Soya Flour, Spirit Vinegar, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Rapeseed Oil, Flour Treatment Agent (Ascorbic Acid). <b>Allergy Information:</b> Contains wheat.
<u>Tesco Wholemeal Bread</u>	<b>Ingredients</b> Wholemeal <b>Wheat</b> Flour, Water, Yeast, Salt, <b>Barley</b> Malt Flour, Sugar, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Spirit Vinegar, Preservative (Calcium Propionate), Rapeseed Oil, <b>Wheat</b> Gluten, Flour Treatment Agent (Ascorbic Acid). <b>Allergy Information</b> Contains: Wheat, Barley
Warburtons Crumpets	Ingredients Wheat Flour [with Calcium, Iron, Niacin (B3) and Thiamin (B1)], Water, Yeast, Raising Agents: E450, E500, E501, Salt, Sugar, Preservative: Calcium Propionate Allergy Information This product is produced in a bakery which uses Milk, Sesame Seeds, Soya, Wheat and Egg.
<u>Warburtons Toastie Sliced White Bread</u>	<b>Ingredients</b> <b>Wheat</b> Flour [with Calcium, Iron, Niacin (B3) and Thiamin (B1)], Water, Yeast, Salt, Vegetable Oils (Rapeseed and Sustainable Palm), <b>Soya</b> Flour, Preservative: Calcium Propionate, Emulsifiers: E472e, E481, Flour Treatment Agent: Ascorbic Acid (Vitamin C) <b>Allergy Information</b> Contains: Wheat, Soya. This product is produced in a bakery which uses Milk and Sesame Seeds.